

Curriculum Vitae

Kylea Taylor, M.S., M.F.T

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EDUCATION

- 1992 **M.S., Marriage and Family Therapy**, San Jose State University, San Jose, CA.
1971 **B.A., Cum Laude, Social Science Education**, Rowan University, Glassboro, NJ.

LICENSING & CERTIFICATIONS

California licensed Marriage and Family Therapist (MFC # 34901)

Certified Holotropic Breathwork™ Practitioner

SoulCollage® Trainer and Facilitator

POSITIONS

- 2009 to present **President, SoulCollage, Inc.**
- 2007 to Present **Mentor for SoulCollage® Trainers**
- 1994 to present **President, Hanford Mead Publishers, Inc.**
- 1992 to present **Senior Trainer, Grof Transpersonal Training.** www.holotropic.com. Training of candidates enrolled in nine-week (two-years or more) residential certification program in transpersonal psychology and facilitation of therapeutic work with individuals and groups in deep and intense states of consciousness through the technique of Holotropic Breathwork®. Designed *Trauma and Transformation* module and *InnerEthics™ & Right Relationship* module for the Grof Transpersonal Training.
- 2003 to 2010 **Trainer of SoulCollage® Facilitators.**
- 2003 to 2009 **Co-Owner & Manager, SoulCollage, LLC**
- 1991 to 1999 **Counselor, Part-Time, Santa Cruz Counseling Services, Inc. (Sunflower House),** Santa Cruz, CA, Counseling of adult substance abusers in a long-term residential Therapeutic Community; responsibility for women's program within the facility; responsibility for Holotropic Breathwork® facilitation and research within the facility.
- 1991 to 2007 **Secretary and Vice-President, Board of Directors, Association for Holotropic Breathwork International.** Santa Cruz, CA. **and Editor of its quarterly publication, *The Inner Door*.**
- 1990-1992 **Full-Time Graduate Student, San Jose State University.**

- 1991** **Co-Administrator, Spiritual Emergency Network**, Soquel, CA, Co-administered the re-organization of services and administrative system of a special services hotline.
- 1986 to 1990** **Office Manager and Bookkeeper**, family business.
- 1981 to 1986** **Executive Director. Together, Inc.**, Glassboro, New Jersey, Overall responsibility for multi-program, non-profit social services agency. Served on local and New Jersey State task forces and developed and managed the following programs:
- The first federally funded drug treatment program for women addicted to prescription drugs.
 - The only 24-hour Women's Referrals hotline in the State of New Jersey.
 - The first 24-hour Drug Hotline in New Jersey.
 - The first Runaway Youth Shelter in Southern New Jersey.
 - A model New Jersey after-school program for court-referred youth and their families.
- 1974 to 1981** **Project Assistant, Rowan University**, Glassboro, New Jersey, - Responsible to the Office of the President for the overall operation of off-campus counseling center and 24-hour hotline. Supervision of 17 employees and 30 volunteers, student interns and work study students; program development; grant writing and fundraising.
- 1971 to 1974** **Office Manager, Rowan University**, Glassboro, New Jersey, for 24-hour crisis intervention information and referrals community/college hotline. Supervision of 40 volunteer counselors, development and maintenance of a large referrals and information directory, and media relations.

TRAINING

- 2018** *Quantum Dreaming*, a 24-session, online course with **Robert Moss**
- 2018** *Writing to Awaken Your Genius*, a 7-session, online course with **Mark Matousek**
- 2017** *SoulCollage® Facilitator Training* – Retook the 3-day, 24-hour Training with Trainer, **Mariabruna Sirabella**, that I helped design.
- 2005** *School for Spiritual Healers* – Completed part one (two week residential) of three-part training for spiritual healers at the **Federation of Damanhur**, Baldissero, Italy.
- 2003** **Completed training as a SoulCollage® Facilitator** with **Seena B. Frost**. Santa Cruz, California.
- 2002** *Supervision in Self-Relations* – Four-day training in Self-Relations and Ericksonian hypnotherapy with **Stephen Gilligan, Ph.D.**
- 2000** *Family Business Consultation*. Two-day workshop sponsored by the International Transactional Analysis Association with **Marta Vago, Ph.D.**
- 1999** *Counseling in an Epidemic: The Medical, Psychological and Social Aspects of HIV Disease*. A one-day training with **Jerry Solomon, Ph.D.**
- 1999** *Hypnosis and the Generative Self*. Six-day training in hypnosis and Self-Relations with **Stephen Gilligan, Ph.D.**
- 1999** *Soul in Brief Therapy*. One-day training with **Stephen Gilligan, Ph.D.**
- 1987-90** *Grof Transpersonal Training*. Three-year (8-weeks in residence) training for certification as a Holotropic Breathwork® Practitioner with **Stanislav Grof, M.D., Ph.D.** Experiential and didactic intensive training in transpersonal psychology.
- 1984** *Understanding and Treating Spiritual Emergency*. Month-long residential training, at Esalen Institute, Big Sur, CA with **Stanislav Grof, M.D., Ph.D. and Christina Grof**.

1979 *Lifespring personal growth trainings*, including: *Basic Training* (five days), *Advanced Training* (five days), and *Training Coordinator Training* (ten weeks) in Philadelphia, Pennsylvania.

TRAINING (Cont.)

1977 *Yoga Teacher's Training*. Three-month residential training at Kripalu Yoga Retreat, Summit Station, PA with **Yogi Amrit Desai**, **Swami Kripalvananda** in residence.

1977-86 *Yoga Training*. (Weekly) **Yogi Shanti Desai**, Glassboro and Ocean City, New Jersey.

1976 *Intensive Journal Workshop*. Three-day workshop in New York City with **Ira Progoff**.

1976 *Inner Quest Intensive*. Three-day marathon residential training at Kripalu Yoga Retreat, Summit Station, PA with **Yogi Amrit Desai**.

1974-76 *Transactional Analysis Training*. 250 classroom hours with **Aaron Bothyl, Ph.D.**

1972-76 *Gestalt Therapy Training*. 50 classroom hours with **Fran Grabotsky, M.A.**, **Kurt Konietsky, Ph.D.**

1973 *Alpha Mind Control*. A multi-week, guided-imagery and intuition training in Philadelphia with **Barry Rosenberg**.

Courses in management completed include: *Financial Management, Problem-Solving in an Organizational Environment, Confidentiality Issues in Treatment, Women in Management, Time Management, Hiring and Firing Issues.*

PROFESSIONAL EXPERIENCE

1970 to Present Counseling individuals, families, and facilitating groups. Specializing in integration of experiences in non-ordinary states of consciousness, womens' issues, dissociation, trauma recovery, addiction, depression, and psychospiritual crisis.

1995 to Present Training presentations to professionals about ethical issues, locally, nationally, and internationally.

1994 to Present Managing family businesses.

1993 to 2002 Training Holotropic Breathwork® practitioners for certification.

2007 to Present Mentoring SoulCollage® Trainers.

2001 to 2010 Training SoulCollage® Facilitators.

1988 to 2007 Facilitating Holotropic Breathwork® workshops, as developed by Stanislav Grof, M.D.

PUBLICATIONS

Taylor, K. (2017). *The Ethics of Caring: Finding Right Relationship with Clients for Profound, Transformative Work in Our Professional Healing Relationships*. Santa Cruz, CA: Hanford Mead.

Taylor, K. and Sirabella, M. (2017). **The theoretical basis and therapeutic elements of SoulCollage®** Retrieved from <https://www.soulcollage.com/information-therapists/theoretical-elements>

Taylor, K. (2017). **What is divination? Another perspective on the One and the Many.** *The Neter Letter*. Santa Cruz, CA: SoulCollage Inc.

- Taylor, K. (2017). **Solidarity of values in a changing world**. Retrieved from <http://blog.soulcollage.com/soulcollage-values/>
- Taylor, K. and Manne, J. (2014) **Dialogue on hyperventilation**. (1999) reprinted in Manne, J. (2014). *Only One Breath: Collected Articles from The Healing Breath: A Journal of Breathwork Practice, Psychology and Spirituality*.
- Taylor, K. (2014). **Ethical caring in psychedelic work**. in Doblin, R. and Burge, B {eds.} (2014). *Manifesting Minds: An Anthology from the Multidisciplinary Association for Psychedelic Studies*.
- Taylor, K. (April 2014). **A facilitator's relationship to breathers' emotions**. *The Inner Door*. 24:02. Association for Holotropic Breathwork®.
- Taylor, K. (February 2014). **Values and ethics in SoulCollage**. In *SoulCollage® Community Update*. Santa Cruz, CA: SoulCollage Inc.
- Taylor, K. (2012). **Ethics in breathwork and The gift of sitting in breathwork** in *The Complete Breath: A Professional Guide to Health and Well Being*. Morningstar, J. [Ed.] Transformations Inc. WI.
- Taylor, K. (December, 2011). **Book review of Grof, C. and Grof, S. Holotropic Breathwork®** (2010) in *Journal of Transpersonal Psychology*. 108-112.
- Grof, S. and Taylor, K. (2009). **The healing potential of Holotropic Breathwork®** in Mijares, S. (2009). *The revelation of the breath*. State University of New York Press.
- Taylor, K. (2008). *Considering Holotropic Breathwork®*. Santa Cruz, CA: Hanford Mead.
- Taylor, K. (2008). *Respiracion/ Breathing: Metodo basico/ the basic method (Spanish Edition)*. Grupo Editorial Tomo.
- Taylor, K. (2007, 2015). *The Holotropic Breathwork® facilitator's manual*. Santa Cruz, CA: Hanford Mead. Also published in Russian. (Only available to trained Holotropic Breathwork™ practitioners.)
- Taylor, K. (2006). **Holotropic Breathwork™**. In Claire, T. (2007). *Body work*. Basic Health Publications.
- Taylor, K. (2004). **Self-Relations in holotropic states of consciousness: Articulating the therapeutic relationship in Holotropic Breathwork®** in Gilligan, S. (2004). *Walking in Two Worlds*.
- Taylor, K. [Ed.] (2003). *Exploring Holotropic Breathwork®*. Santa Cruz, CA: Hanford Mead.
- Taylor, K. (2002). **SoulCollage®: An art process to use with breathwork**. *The Healing Breath*. <http://www.i-breathe.com/thb33/soulcollage.htm>. (later in *Exploring Holotropic Breathwork®*.)
- Taylor, K. (2001). **The practice of sitting in Holotropic Breathwork®**. *The Healing Breath*. <http://www.i-breathe.com/thb33/soulcollage.htm>. Published subsequently in Taylor, K. (2008). *Considering Holotropic Breathwork®*.
- Taylor, K. (2001). **Transference and countertransference in spiritual and transpersonal work** in *The Spirit of Breathwork* [Gunnel Minnet, Ed.] London: International Breathwork Foundation.
- Taylor, K. (Nov 2001). **Tribute to Stan** in *The Healing Breath*, ed. Joy Manne. <http://www.i-breathe.com/>
- Taylor, K. (Nov 2001) **The practice of sitting in Holotropic Breathwork®** in online journal, *The Healing Breath*, ed. Joy Manne. <http://www.i-breathe.com/>
- Taylor, K. (Nov 2001) **SoulCollage®: An art process to use in breathwork** in *The Healing Breath*, ed. Joy Manne. <http://www.i-breathe.com/>
- Taylor, K. (November 2001) **The Ethical Practice of Holotropic Breathwork® and the AHBI Ethical Agreements**. *The Inner Door* 13(4)8. Association for Holotropic Breathwork® International. (later in *Exploring Holotropic Breathwork®*)
- Taylor, K. and Manne, J. (Nov 2001). **Dialogue on Holotropic Breathwork®** in *The Healing Breath*, ed. Joy Manne. <http://www.i-breathe.com/>
- Taylor, K. (2001) **Transference and Countertransference in Spiritual and Transpersonal Work** in Minnet, G. [Ed.] (2001). *Breath and spirit: Rebirthing as a healing technique*.
- Taylor, K. (2000). **Applying Self-Relations Theory to Holotropic Breathwork®**, *The Inner Door*. 12: (2) 1,4,6. Association for Holotropic Breathwork® International. Republished in *Exploring Holotropic Breathwork®*.
- Taylor, K. and Ziegler, K. (1999). **Compassionate self-examination**. *Massage Therapy Journal*. 38 (2) 65-74.
- Taylor, K. (April 1998). **Ethische begeleiding bij psychedelische werk**. *Pan Forum*.
- Taylor, K. (Mar/Apr 1998). **Ethical caring for clients in psychospiritual/somatic crisis**. " *Massage Magazine*.
- Taylor, K. (1997). *Hilfe für die Helfer: Schattenbereiche erkennen und heilende Beziehungen schaffen*. Freiburg, Germany: Bauer Verlag.
- Taylor, K. (Summer 1997). **Ethical caring in psychedelic sessions**. *Journal of the Multidisciplinary Association for Psychedelic Studies*.

- Taylor, K. (Feb. 1997). **Sitting with life, sitting with death.** *The Inner Door*. 8:(4)12,6. Association for Holotropic Breathwork® International. Later republished in *Exploring Holotropic Breathwork®*.
- Taylor, K. (Fall 1996). **The ethics of caring: Right relationship working with clients in profound states of consciousness.** " *Breathe Magazine*.
- Taylor, K. (Spring 1996). **Ethical caring during spiritual emergency.** *The Quest*.
- Taylor, K. (Jan/Feb 1996). **Ethics in the new age store.** *New Age Retailer*.
- Taylor, K. (1995). **[The ethics of caring: Honoring the web of life in our professional healing relationships](#)**. Santa Cruz, CA: Hanford Mead Publishers.
- Taylor, K. (1994). **[The Breathwork Experience: Exploration and Healing in Nonordinary States of Consciousness](#)**. Santa Cruz, CA: Hanford Mead Publishers. Also published in Italian as *L'Esperienza della Respirazione Olotropica* and in 2008 in Spanish.
- Taylor, K. (Fall 1993). **Spiritual Emergency and Trauma-Based, Dissociative Disorders: Similarities in Description and Treatment.** *Spiritual Emergence Network Newsletter*.
- Taylor, K. and Macy, S. (1993). **Holotropic Breathwork® as an Adjunct to Treatment in a Therapeutic Community**, presented at *Creativity of the Human Psyche*, third annual conference of the Association for Holotropic Breathwork® International. Paper published subsequently in Taylor, K. (2008). **[Considering Holotropic Breathwork®](#)**
- Taylor, K. (November 1992). **Ethical Issues Surrounding Therapeutically Induced Nonordinary States of Consciousness.** *The Inner Door*. 4:(4)1,4. Association for Holotropic Breathwork® International. Later republished in *Exploring Holotropic Breathwork®*
- Taylor, K. (2002). **Breathing at Sunflower House** in *The Inner Door*. 4(2)3,5,7. Association for Holotropic Breathwork International. Later republished in *Exploring Holotropic Breathwork®*.
- Taylor, K. (1991). **[The Holotropic Breathwork® workshop: A manual for trained facilitators](#)**. Santa Cruz, CA.
- Taylor, K. (1991). **Yogic Sleep and Meditation States During Holotropic Breathwork®** in *The Inner Door*. 3(2)5,7. Association for Holotropic Breathwork® International. Republished 2003 in *Exploring Exploring Holotropic Breathwork®*.
- Taylor, K. (1991). **On Being Seen Heard, and Touched** in *The Inner Door*. 3(2)5-6. Association for Holotropic Breathwork® International. (later in *Exploring Holotropic Breathwork®*)
- Taylor, N. [a.k.a. Taylor, K.] (1982). **How to Deal with Emotional stress.** Chapter in *Survival Kit for Displaced Homemakers*, Sewell, NJ: Gloucester County College.
- Duffie, N. [a.k.a. Taylor, K.] (1981). **Reaching the Middle Class Female.** in *Women in Crisis*. Russianoff, P., Ed. New York: Human Sciences Press. 64-68.
- Duffie, N. [a.k.a. Taylor, K.] (1972). **Water Marks.** Mantua, NJ: Goodly Co Press. (poetry and art).

PRESENTATIONS

- Taylor, K. (October 9, 2017). **Right Relationship.** Association for Prenatal and Perinatal Psychology and Health online class series.
- Taylor, K. (August 17, 2015). **The Ethics of Caring.** Association for Prenatal and Perinatal Psychology and Health online class series.
- Taylor, K. (October, 2014). **Mentoring Radical Trust and Nurturing Contribution.** Conference: **[Expanding and ReEnchanting the Psyche: The Pioneering Thought of Stanislav Grof](#)**. California Institute for Integral Studies. San Francisco, California.
- Taylor, K. and Vega, S. (February 2014). **[Right Relationship: The Ethics of Caring](#)** - a video-recorded class available for purchase and download.
- Taylor, K. (October 2013). **Conference Closure and Community Oracle** at the 5th International SoulCollage® Facilitators' Conference. Stephenson, Washington.
- Taylor, K. (January 2012). **Right Relationship: Ethics in Breathwork** (an interview by Jessica Dibb on *The Breathwork Summit*).
- Taylor, K. (December 2011). **Review of Grof, S. and Grof, C. (2010). Holotropic Breathwork®: A New Approach to Self-Exploration.** In the *Journal of Transpersonal Psychology*.

- Taylor, K. (September 2011). [Conference Closure and Community Oracle](#) at the 4th International SoulCollage® Facilitators' Conference. Baltimore, Maryland. Edited video available.
- Taylor, K. (November 2009). **Conference Closure and Community Oracle** at the 3rd International SoulCollage® Facilitators' Conference. Tupac, Arizona.
- Taylor, K. (November 2008). **Changing Life Patterns with Holotropic Breathwork®**. Radio interview.
- Taylor, K. (June 2004). **Protection, Permission, and Connection: Allies on the Hero's Journey of Trauma Recovery**. Presented at the International Transpersonal Association Conference, Palm Springs, California. (Later included as "The Ritual of Holotropic Breathwork™" in [Considering Holotropic Breathwork®](#).)
- Taylor, K. (May 2001). **Trauma and Transformation**. A six-day training, presented at the Grof Transpersonal Training in Sedona, Arizona with co-presenters **Ingrid Pacey** and **Mary-Louise Gould**.
- Taylor K. (April 2000). **The Ethics of Caring**. One-day workshop at Change of Heart Center, Baltimore, Maryland.
- Taylor K. (April 2000). **The Ethics of Caring**. Two-day workshop at Body Therapy Institute, Siler City, North Carolina.
- Taylor, K. (March 2000). **How Stan Grof has Changed the Way We Care for One Another**. Invitational conference at Esalen Institute on Stanislav Grof's work and thought, at Big Sur, California
- Taylor, K. (December 1998). **Ethical Issues with Clients Experiencing Profound and Intense States of Consciousness**. And, **Dying as a Spiritual Emergency: Applying the Grof Cartography to Dying Patients and their Family and Friends**. Conference of Hospice Workers. Minneapolis, Minnesota.
- Taylor, K. (April 1998, August 1999, October 1999) **The Ethics of Caring**. Presented at the Grof Transpersonal Training in Wilsonville, Oregon.
- Taylor, K. (August 1999). **The Ethics of Caring**. Presented at the Grof Transpersonal Training in Ronchegno, Italy.
- Taylor, K. and Haug, D. (April 1998). **Jung and the Experiences of Holotropic Breathwork®**. Rosalupi, Italy.
- Taylor, K. (April 1998). **The Ethics of Caring**. Presented at the Grof Transpersonal Training in Wilsonville, Oregon.
- Taylor K. and Ziegler, K (March 1997). **The Ethics of Caring**. Presented at the American Massage Therapy Association conference in San Francisco, California.
- Taylor, K. (June 1996). **The Ethics of Caring: Spiritual Countertransference and Transference Issues which Arise in the Context of Transpersonal Work with Clients**. Presented at the *Global Inspiration Conference* of the International Breathwork Foundation in Alghero, Sardinia, Italy.
- Taylor, K. (August 1995). **The Art of Ethical Caring: Honoring the Mystery in Our Healing Relationships**. Presented at the Association for Transpersonal Psychology conference, *Imagination and the Arts: Gateway to the Soul*. Monterey, California.
- Taylor, K. (June 1995). **Ethical Issues Pertaining to Therapeutic Work in Non-Ordinary States of Consciousness**. Presented at the International Transpersonal Association conference, *Spirit in Action*, Santa Clara, California.
- Taylor, K. (March 1995). **Ethical Issues Pertaining to Therapeutic Work in Non-Ordinary States of Consciousness**. Presented at the Spiritual Emergence Network Certification Training. Marin Headlands, California.
- Duffie, N. [a.k.a. Taylor, K.] (1980). **Reaching the Middle Class Female**. Women in Crisis Conference, New York, New York.

AFFILIATIONS

- 1996-2008** California Association of Marriage and Family Therapists. CAMFT Santa Cruz Board of Directors and Ethics Chairperson for two years.
- 1990-2007** A founding director and Vice-President, Board of Directors, Association for Holotropic Breathwork® International
- 1989-93** Sanctuary Committee: A Santa Cruz committee to envision and operate holistic, residential services for persons in mental health crisis.
- 1985-86** New Jersey: Garden State Coalition for Youth and Family Concerns, Secretary
New Jersey: Gloucester County Youth Services Commission

- New Jersey: Gloucester County Family Court Planning Committee
- 1983-86** New Jersey: Gloucester County Planning Sub-Committee of the Human Services Advisory Council
- 1981-86** Center for People in Transition, President, Advisory Board, Gloucester County Community College
- 1974-82** New Jersey State Task Force on Women and Drugs
- 1979-81** Glassboro State College [now Rowan University] Institutional Planning Committee
- 1980** Glassboro State College [now Rowan University] Sexual Harassment Policy Committee
- 1975-79** Southern New Jersey Health Systems Agency Sub-Committee on Mental Health, Alcohol and Drugs